

# ***PARENT GUIDE***



Swimming in Columbus since 1948

Incorporated 1965

Revised: August 2011

**Donner Swim Club Office: (812) 372-2060**

**North High School Pool Office: (812) 376-4233**

**[www.donnertswimclub.org](http://www.donnertswimclub.org)**

## **Mission**

It is the mission of the Donner Swim Club to provide individuals in the Columbus area community with the opportunity to participate in formal, structured swimming programs, designed to meet the needs of children and adults.

The Club strives to provide an instructional and recreational swim team experience for children who are interested in developing and testing their technical skills, exposure to the rigors of competitive swimming, and the basis on which to determine the extent of their commitment to swimming as a competitive sport.

For those who decide to commit themselves to the demand of competitive swimming, it is our mission to provide the highest quality of physical, technical, mental, and emotional training for competitive swimming available.

## **Philosophy**

We believe that our age group competitive swimming program offers a lifetime experience for our youth. Competitive swimming can be learned and enjoyed by those with little or no ability as well as those who are of Olympic caliber. The value gained from this experience is more than just swimming efficiency.

We believe a disciplined and enjoyable environment is the key factor for the success of our program; that success begins with our youth at an early age and challenges all who participate to follow a continuous developmental program from the novice level through age group and on to the national level.

We believe swimming is more than stroke efficiency and gaining endurance. Swimming is a "whole life" discipline that becomes characteristic of one's personality. A few of the benefits are lifelong fitness, self-discipline, responsibility, citizenship, athletic integrity, and personal relationships with others.

We believe in attempting to meet the needs of every swimmer from novice level all the way up to the Olympic level. We feel each swimmer is important and has the freedom to choose their own level of proficiency.

# Donner Swim Club

## Table of Contents

Mission	i	Financial Standing	8
Philosophy		When is my child ready for a swim meet?	
	<u>1</u>	Meet Entry Forms	
Organization		Meet Entry Fees	<u>9</u>
Teams		Financial Standing for Swim Meet Entry	
Coaches	<u>2</u>	Transportation	
Practices		Meet Participation	
Practice Locations		Championship Meet and Relay Participation	<u>10</u>
Inclement Weather		Parental Involvement	
Parents at Practice		Other Opportunities	<u>11</u>
Coach Questions	<u>3</u>	New to Swim Meets	<u>12</u>
Seasons		Meet Worker Descriptions	<u>14</u>
Coach Dues	<u>4</u>	Parents' Role in Swimming	<u>15</u>
Other Fees		Team Apparel	
Discounts for Multiple Swimmers	<u>5</u>	Activities	<u>16</u>
Tryouts and Trial Period for New Swimmers		Board Members	<u>17</u>
Pro-rating Dues and Refunds	<u>6</u>	Web-site	
Proof of Birth date and Medical Forms		E-mail	
USAS Outreach Program		Club Address and Phone Number	
Payment			
Scholarships			
Payment Plans	<u>7</u>		
Billing			
Mailboxes			
Practice Schedules			
Moving Up Team Levels			

The Donner Swim Club Board of Directors reserves the right to change all policies and procedures stated without prior notice.

## **Donner Swim Club Office: (812) 372-2060**

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### **Organization**

Donner Swim Club is a competitive swim program affiliated with USA Swimming, and the local swim committee (LSC) Indiana Swimming. USA Swimming and Indiana Swimming are the governing bodies.

Donner has a board of directors, a head coach, assistant coaches and an administrative assistant. **All swimmers are required to be members of USA Swimming**. Donner Swim Club is a not for profit, 501c3, organization.

### **Teams**

Donner Swim Club has four team levels: Beginning Competitive Swimmers (BCS), Age Group Developmental (AGD), Age Group Elite (AGE), and Gold. Summer stay-in- shape (SSS) is for Gold level only

### **Coaches**

#### **Jim Sheridan—Head Coach**

- Donner Swim Club
  - Columbus North High School
  - Dean of Students for Columbus North High School
  - Master's degree in Guidance and Counseling—Clemson University
  - Bachelor's degree in Physical Education and Health Education—Marshall University
  - Indiana Coach of the Year 10 times
    - 4- years boys' team
    - 6-years for the girls' team
- 1998-2000 three consecutive CNHS Boys' State titles
  - 1980 -1984 head swim coach for Columbus East High School
    - first state championship and CEHS Girls' State title
  - more than 90 All-Americans
  - 1991-1994 head swim coach for the men and women at Clemson University
    - top 20 team ranking during his time at Clemson.



#### **Gold Team**

Jim Sheridan

Jeff Jones (Asst)

#### **Age Group Elite (AGE)**

Jennifer Brinegar

#### **Age Group Developmental (AGD)**

Katelyn Turner

Julie King

#### **Beginning Competitive Swimmers (BCS)**

Veronica Henry

Our coaching staff is very dedicated and someone is at every practice. However, conflicts in schedule do arise. In those instances, substitute coaches will be working with your swimmer.

## Donner Swim Club

### Practices

Attendance at practice is not mandatory for the BCS, AGD and AGE teams. Your swimmer's ability to improve and swim faster is directly affected by attendance at practice, and it is recommended that a swimmer attends at least 60 - 75% of scheduled workouts to show continued improvement.

Gold team swimmers must be willing to attend 90% of practices. Saturday and two morning practices are mandatory for Gold swimmers. Practices start promptly. SSS swimmers will only be permitted to practice 5 times a week with Gold swimmers. All swimmers should arrive early to be ready to begin on-time.

### Practice Location

The swim club operates in three pool locations: North High School, Northside Middle School, and Donner Center. Your swimmer's schedule will reflect the practice location. The Pre-Competitive team is always located at North HS.

### Parents at Practices

Parents are always welcome to sit and watch practices. A large spectator area is available at North High School pool and at Donner Center in the summer.

**Parents are not allowed on pool deck. THIS IS A USA SWIMMING INSURANCE RULE.**

### Coach Questions

If you have a question or concern regarding swim club, or the coaching staff please ask the team's coach, Coach Sheridan, or one of the board members. The issue may not be resolved immediately. However, only open communication between parents and coaches will lead to a positive environment for the swimmers. ***Please refrain from asking questions during practice, when our coaches are concentrating on their swimmers.***

Feel free to email: [coaches@donnerswimclub.org](mailto:coaches@donnerswimclub.org) or [board@donnerswimclub.org](mailto:board@donnerswimclub.org)

### Inclement Weather

In the event of inclement weather, please use your best judgment and place your swimmer's safety first. If you have a question regarding practice, during winter months, you may check the website or call North High School pool office for a pre-recorded message at 376-4233.

Practice times and places vary. Please check your schedules daily, before dropping off your swimmer at practice.

***Be prompt when picking up your swimmer after practice.***



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### **Seasons**

Donner Swim Club participates in two swimming “seasons”. Dues are based upon the season unless otherwise noted. BCS dues are broken into 3 sessions, August/September through December and January through March.

**Short Course** — fall/winter season runs  
August/September through March.  
 (“Short” refers to a pool length of 25 yards.)

**Long Course** — summer season runs April through July.  
 (“Long” refers to a 50 meter pool length.)

<b>Coaches Dues</b>	<b>Explanation</b>	<b>Fall/ Winter</b>	<b>Summer Fees</b>
<b>Beginning Competitive Swimmers (BCS)</b>	April—July		\$195
	Aug./Sept.—Dec.	\$189	
	Jan.—March <i>Returning swimmers</i>	\$120	
	Jan.—March <i>New swimmers</i>	\$150	
<b>Age Group Developmental</b>		\$327	\$225
<b>Age Group Elite (AGE)</b>		\$385	\$272
<b>Gold</b>		\$478	\$347
	High School Swimmers	\$254	

## Donner Swim Club

Other Fees	Explanation	Fall/Winter Fee	Summer Fee
<b>Annual</b>	USA and Indiana Swimming Fee Sept.—Aug. (Outreach Program)	\$55  (\$7 if qualify)	included
	New Swimmer ONLY in April*** April — Aug.		\$39.50
<b>Seasonal</b>	Columbus Parks and Recreation	\$15	\$15
<b>Meet Worker Obligation</b>	Fine if family does not work each meet. #  <small>The Meet obligation policy is under review. Details will be provided in the Parent Contract.</small>	\$50 per meet per family	\$50 per meet per family

\*\*\* Seasonal USA swimming membership is only valid for competitions at state level and below. If a swimmer is planning on participating at a higher level competition they will need to purchase an annual membership.

# Regardless of your swimmer's participation in a meet, each family is obligated to work sessions. This includes **ALL** team levels from pre-competitive through senior team. Donations in-kind will not be accepted in lieu of working.

### **Discount for multiple swimmers in a family**

**The discount applies to Donner membership dues only.** It does not apply to USA Swimming registration or Columbus Parks and Recreation fee.

Two swimmers in family—5% discount each

Three swimmers or more in family—10% discount each

### **Total Fees per Season (not including fines)**

=coaches dues + annual fee + seasonal fee + processing fee (if applicable) — Donner dues discount for multiple swimmers

#### **Example: Beginning Competitive Swimmer billing in January**

New Swimmer                      \$150 + \$55+ \$15 = \$220  
Returning Swimmer                      = \$120

#### **Example: Family with 2 returning swimmers for short course season with one in Age Group Developmental and one in Age-Group Elite**

$\$327 + \$385 + \$55 * 2 + \$15 * 2 - (\$327 * 5\%) - (\$385 * 5\%) = \$816.40$

**Donner Swim Club Office: (812) 372-2060**

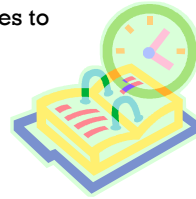
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### **Tryouts and Trial Period for New Swimmers**

During swim tryouts our coaching staff will evaluate your child's swimming ability. Your child will be placed based on the coaching staff's recommendations. Please plan on approximately 30 minutes to complete the process.

***New swimmers are given a one week trial period, without financial obligation (see page 8). The first week, please have patience as the children are moved around in groups. Our coaches are learning each child's skills, abilities, and balancing the groups.***



If the swimmer **chooses to continue** after the one week trial period, the first installment of dues, which includes the trial week, USA swimming fees, and Parks and Recreation fees, will be due by the end of the second week. ***The USA, Indiana Swimming, and Parks and Recreation fees are non-refundable, as they are paid to other organizations.***

If the swimmer **chooses not to swim** after the one-week trial period, you must inform the financial secretary to avoid being billed for the season.

Donner office at 372-2060 or email: [billing@donnerswimclub.org](mailto:billing@donnerswimclub.org)

### **Pro-rating Dues and Refunds**

Donner dues will be pro-rated for swimmers who join the team after the start of the season. These rates will be pro-rated to the nearest week and calculated based on the team fees. Fees will not be adjusted for missed practices, illnesses etc.

***Please note fees for meets are separate.*** These are explained on page 8.

Pro-rated refunds will only be given if the swimmer is withdrawn from the program in writing within the first 6 weeks of the season. Please call the

Donner office at 372-2060, or email: [billing@donnerswimclub.org](mailto:billing@donnerswimclub.org).

Rates will be pro-rated to the nearest week and will be calculated based on team fees. An administrative fee of \$10.00 will be added to each withdrawal.

***USA Swimming registration and Parks and Recreation fees will not be refunded.***

Withdrawals after the first 6 weeks of the season for illness, injury or other extenuating circumstances must be submitted in writing to the Donner Board, and will be handled on an individual basis.

## Donner Swim Club

### Proof of Birth date and Medical Forms

Swimmers **may not** compete without proof on file at Indiana Swimming. Proof of birth date will be required one time. A copy of any of the following is considered an acceptable form of proof: copy of state issued birth certificate, passport, driver's license, letter from child's school stating legal name and date of birth.

Medical forms are required annually, and found on the web-site.

### USAS Outreach Program

If your swimmer qualifies for the free and reduced lunch program at school, then they also qualify for a reduction of the USA swimming fee. The fee will be reduced from \$55 to \$7.

*Please, bring a copy of your documentation (ASAP) to the North Pool office, so we may submit the information to USA Swimming. This must be done annually.*

### Payment

Membership dues for each season are due at the beginning of each season. Dues may be paid in installments. The first installment is due after the first practice, and the second installment is due two weeks later. The USA Swimming registration fee must be paid with the first installment.

Only one check is required payable to Donner Swim Club.

Payment may be mailed to the Donner office or dropped off at the North High School pool office.

**Payment is not accepted at Donner Center.**

### Payment plans

Payment plans may be arranged with the financial secretary. Contact the Donner office or email: [billing@donnerswimclub.org](mailto:billing@donnerswimclub.org).

### Scholarships

A limited number of financial scholarships are available each season. **They are awarded based upon need and commitment to program.** To serve a wider base of swimmers, the majority of scholarships awarded are partial funding. **Scholarships do not cover meet fees.**

Applications are available in the North High School pool office and by contacting the Donner office.

**Scholarships are not automatically renewed.** New applications are required for review each season.

Incomplete applications will not be considered. Applications must be returned to the North pool office or Donner Swim Club office the first two weeks of practice.

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### **Billing**

***Bills will be sent to the swimmer's home only at the beginning and end of each season.*** Additional statements and bills will be placed in the swimmer's mailboxes at North High School. ***These are the parents' and swimmers' responsibility to pick-up.***

### **Mailboxes**

Each swimmer's family will be given a "mailbox", standing file folder, in the North High School pool lobby. These will be used for communication. Ribbons, meet information, meet billing, and club notices will be placed in these folders.

### **Practice Schedules**

Practice schedules are located in slots on the wall in North High School pool lobby and on the website. Schedules do change. ***Last minute information may be given to your swimmer, notices may be placed on the table, and/or e-mail/text alerts may also be sent via web.***

Please make sure you have the most current schedule. Take two—Post one at home and in your car.



***IT IS THE RESPONSIBILITY OF EACH FAMILY TO RETRIEVE THE INFORMATION FROM THEIR FAMILY FOLDER, PICK UP SCHEDULES, AND CHECK THE TABLE AND WEB-SITE FOR ANY LAST MINUTE NOTICES.***

### **Moving up Team Levels**

If you believe or question whether your child is ready to move-up either within the Pre-Competitive team, or from one team level to the next, discuss the issue with your child's coach.

With over 200 swimmers, and varying degrees of program commitment, coaches rely on the parents and swimmers to initiate discussion on advancement.

The swimmer's current coach, coach at the next level and the head coach will confer and make a final decision. If the recommendation is not to advance the swimmer, they will help the swimmer set the appropriate goals to make moving up feasible.

There are established guidelines for advancement.

## Donner Swim Club

### Financial Standing



**ANY SWIMMER WHOSE DUES HAVE NOT BEEN RECEIVED BY THE FINANCIAL SECRETARY TWO WEEKS PAST THE DUE DATE WILL NOT BE ALLOWED IN THE WATER UNTIL THE DUES INSTALLMENT HAS BEEN PAID.**

### When is my child ready for a meet?

Ask your child's coach if they are ready for a meet, which strokes, and which events.

We encourage all children to participate in their home meets. The younger children, 6 and under, typically ribbon because so few enter the events. They smile for days, and walk around telling everyone about their ribbons. Older children enjoy socializing, cheering on their teammates, and applying all the skills they have been drilled on during practice.



### Meet Entry Fees

**Donner Swim Club prepays meet entry fees when we send our entries to another club to attend their meet. These fees are not refundable.**

Meet entries are sent approximately 3-4 weeks before the meet date. Any swimmer entered in a meet is responsible for payment of their fees whether they swim or not.

### Meet Entry Forms

Meet sign-up sheets will be available at practice and on-line. Entering a swimmer in any meet can only be done on this form. Please read carefully and follow all instructions on the sheets. **These forms should be turned in to the pool office by the noted date.**

If your swimmer is only to swim particular events, or day then this should be noted on the form.

If your sheet is late or if you make changes and want to attend a meet that has already been completed and mailed, you must contact the Donner entry chair:

[entrychair@donnerswimclub.org](mailto:entrychair@donnerswimclub.org).

**Not all changes can be accommodated.**

The entry fees for each meet you have entered on the sign-up sheet are billed to your account one-week prior to the meet. **You will receive the meet information and billing in your folder at North High School.**

Fees for swim meets usually range from \$4.00 to \$5.00 per event. Relay fees (\$1.25 - \$1.50 per relay) are charged to the swimmers who participated in the relays a few weeks after the meet.

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#### **Financial Standing for Swim Meet Entry**

***ALL SWIMMERS MUST BE IN GOOD FINANCIAL STANDING WITH DONNER SWIM CLUB TO ENTER MEETS. YOU WILL NOT BE ALLOWED TO ENTER ANY MEETS IF YOUR DUES AND FEES ARE NOT PAID OR IF YOUR PAYMENT PLAN IS NOT CURRENT.***

Entry fees must be paid in full at the end of any given season. If a swimmer owes any back entry fees or membership dues at the beginning of a new season, he/she will not be allowed in the water until these fees are paid.

#### **Transportation**

Transportation to and from meets is to be provided by families, unless a team trip is planned. **A parent or guardian must accompany any swimmer representing Donner Swim Club who attends a swim meet.** In the event a parent or guardian cannot attend, other arrangements must be made with another Donner family to supervise the swimmer.

#### **Meet Participation**

All swimmers are expected to attend and participate in any meets entered. If they are unable to attend because of illness or schedule changes, they should make every effort to contact a coach prior to the meet. Families are still financially obligated to pay meet fees.

#### **Championship Meet and Relay Participation**

Swimmers with qualifying times for the championship meets at the end of each season will be automatically entered in these meets. They are to contact the coach or office if they cannot attend these meets. This includes relays. See the meet sign-up sheet for further details.





***Relay times are "owned" by the club, not the individual swimmers.*** Relay teams for championship meets are formed at the end of the season. The teams are based upon individual times, swimmer availability, age eligibility, and are ultimately at the coaches' discretion.

## Donner Swim Club

### Parental Involvement

Donner Swim Club's membership dues remain as some of the lowest in the state, because of our parental involvement. Donner hosts multiple meets each year, which are planned and run by parent volunteers. Well run meets are our best source of outside income.

 *The funds generated by these meets are used to offset **ALL** Donner swimmers' dues. The dues paid by parents do not cover our coaches salaries and operating costs for the year. It is very important that everyone contributes and participates, since all club members benefit.* 

Each meet requires approximately 50 volunteers per session, including the officials who are also volunteers. Meets are generally 4– 5 sessions, and thus require 200-250 workers.

We all have schedules and conflicts that arise, but please mark your calendars and sign-up on the bulletin boards in the pool lobby at North High School, when meet information is posted.

The volunteer coordinating the workers for the meet will work with you to accommodate any special needs, i.e. AM versus PM sessions. They will also assist in finding a position that is suited to you for the meet.

**We encourage parents to try numerous volunteer positions throughout the year.** This leads to a greater understanding of the swim meet process and fewer gaps, as parents of senior team swimmers depart the club.

***ALL PARENTS ARE EXPECTED TO ASSIST WITH THE PLANNING AND/OR EXECUTION OF ALL HOME MEETS, REGARDLESS OF WHETHER YOUR CHILD PARTICIPATES. A FINE WILL BE ASSESSED FOR FAILURE TO WORK HOME MEETS.***

### Other Opportunities

Meets require the most concentrated effort of parent volunteers. However, there are opportunities to be involved outside of swim meets. These include service on the board, delivery of flyers to schools, talking with parents at try-outs, special activities, and becoming an official. Please speak with a board member, if you are interested in assisting the club in one of these or another capacity.

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### **New to Swim Meets**

Relax—swim meets are fun. The best thing to do is ask a “seasoned” swim meet parent what to expect. Try a home meet first, so Donner parents can help you through the routine. Some things to keep in mind:

- Pick-up your swimmer’s meet information the week of the meet in your family folder at North High School pool. Generally, this will be a three page packet with a list of events your child has been entered in, a meet instructions and directions sheet, and a meet bill. ***READ ALL OF THE MEET INFORMATION. If you have questions—ask!***
- Ask who the coach for your child will be at the meet.
- ***Arrive at the scheduled warm-up time*** for the a.m. or p.m. session, ***not the meet start time***. Your child must circle their name on the sign-in sheets; otherwise, they will be scratched from the meet. If this would happen or you believe there is an event error find and speak with your child’s coach.
- Mark your child’s events in permanent marker on their arm or leg, and explain the events.
- ***Have your swimmer locate and report to their coach.*** The coaches will tell them where they are camping as a team, and which lane they are to warm-up in, if they are in relays, etc.
- ***PARENTS ARE NOT ALLOWED ON DECK FOR INSURANCE REASONS!***
- Once the heat sheets are posted your child may ask to have you write their heat next to their event number.
- Younger children should stay where their coach can easily find them so that they can help them get to the clerk of course to line-up for their event.
- Swimmers always should ask their coach if they are done for the day before leaving a meet. Swimmers may be needed for last minute relay substitutions.
- Bring dry clothes for your swimmer, small nutritious snacks, dry towels, and activities for between events.
- Wear comfortable clothing—swim meets are hot and steamy.
- ***Enjoy the positive experience and congratulate your swimmer regardless of how they place!***

## Donner Swim Club

### Meet Worker Descriptions

If you are unsure of what you are able to do at a meet, please read the descriptions, and find what is perfect for you. **PLEASE BE GENEROUS WITH YOUR TIME!!**

#### **NO EXPERIENCE NECESSARY**

**TIMERS** – We need 2 timers per lane. All that is required is to start/stop a stopwatch, and we provide “on the job” training for this. It is basic and easy so don’t let the apparent importance of it scare you away.



Timers provide the back-up times to our electronic timing system. Timers do need to be on deck for the duration of their shift (except for occasional relief). Snacks and drinks are supplied to those who time.

**CONCESSIONS (HEAT SHEET SALES)** – This requires helping our concession chair with sales of various food, drink, and possible t-shirts and heat sheets. You will be able to break away to watch your child swim.



**RUNNER** – The runner posts results at various places. This is a flexible job if supervision of a young child is needed.

**MARSHAL**— Marshals are used in a variety of places. They monitor deck access via entrances, and may also be asked to roam deck to ensure safety procedures are being followed.

**RELIEF** – If you are unable to commit to an entire session, but are available for part of the time, you may sign-up for a relief position as a timer, concession worker, runner, etc. Please sign the form and/or check in at the worker’s table during each meet.

**AWARDS** – This person puts labels on the backs of ribbons once final results are posted, and then organizes winners by teams. It is very easy, but the individual needs to be able to stay after a session until all final results are posted for that session (20-30 minutes).

#### **SOME TRAINING or EXPERIENCE REQUIRED**

**If interested just let us know! We will train you.**

**HEAD TIMER** – If you are an experienced timer (2 or 3 meets) you can do this. It just requires you to operate 2 stopwatches at once. These watches are available for any timers who miss the start of the race. An instruction sheet is available with the finer points of this position and how to host the timer meeting prior to each session.

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### **Meet Worker Descriptions (cont.)**

**ANNOUNCER** – The announcer calls the swimmers to their event, announces final results, and provides any general announcements that come up throughout the session. A pleasant voice quality and attentiveness are all that is required.



**CLERK OF COURSE** – The clerk organizes the younger swimmers into heats and guides them to the proper place to be able to swim in their race. Patience with younger children is a must.

**COMPUTER** – This is the person who works with officials on meet operations including: seeding, corrections, final times, and reports. This requires computer experience, but if it is something you might be interested in, please let the office or someone on the board know, and we will work on some training.

**DAKTRONICS** – This is the electronic timing operator. They are responsible for operating the equipment that records the automatic times for the swimmer. Training is required, and multi-tasking is a must.

### **OFFICIALS**

Training clinics are offered multiple times per year for certification. After you have volunteered at a few meets, please consider becoming an official.

We need officials who are parents of swimmers of all ages.

**STROKE AND TURN JUDGE** – This is the starting point for certified officials, level 3. They have the best view of the competition, and interact with the swimmers throughout the meet. They are integral to having a fair competition.

**STARTER** – This position requires a Level 2 official. To become a STARTER you must first become a Level 3 official, and have additional training.

**REFEREE** – This is a Level 1 position and requires a longer training process. If you have been a Level 2 official for a while and have a child committed to swimming, please consider a Level 1 certification.

### Parents' Role in Swimming



**DON'T COACH** - Leave coaching to coaches. This includes pre-race psyching, motivation, after race critiquing, setting goals, enforcing additional cross training, etc.

**SUPPORT THE COACH** - Your coaches are the experts. They need your support for everyone to "win".

**SUPPORT THE PROGRAM** - Get involved. Volunteer. Help out at meets, fundraisers, etc.

**BE YOUR CHILD'S BEST FAN** - Support your child unconditionally. Do not withdraw love when your child performs poorly. Your child should not have to perform to win your love.

**SUPPORT AND ROOT FOR ALL SWIMMERS ON THE TEAM** - Foster teamwork. Your child's teammates are not the enemy. When they go faster than your child, your child now has a wonderful opportunity to improve.

**DO NOT BRIBE OR OFFER INCENTIVES** - Your job is not to motivate. Leave this to the coaching staff. Bribes will distract your child from proper race concentration.

**TAKE YOUR CONCERNS AND PROBLEMS DIRECTLY TO THE COACH** - If you have a problem with the coach, do not go to other parents to discuss it. Go straight to the coach involved. Talking behind the coach's back will not get you what you want.

**UNDERSTAND AND DISPLAY APPROPRIATE MEET BEHAVIOR** - Remember your child's self-esteem and race performance is at stake. Be supportive and cheer but always be appropriate.

**MONITOR YOUR CHILD'S STRESS LEVEL AT HOME** - Keep an eye on your swimmer to make sure he is handling stress effectively from the various activities in his life.

**MONITOR EATING AND SLEEPING HABITS** - Be sure your child is eating the proper foods and getting adequate enough rest.

**HELP YOUR CHILD KEEP HIS/HER PRIORITIES STRAIGHT** - Help your child maintain a focus on schoolwork, relationships and the other important things in life besides swimming. Also, if your child has made a commitment to swimming, help her keep the priorities around this in mind.

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### **Parents' Role in Swimming (con't)**

**"REALITY TEST" FOR YOUR CHILD** - If a swimmer comes out of the pool with a personal best time and a last place finish, help him understand that this is a "win". Help him keep things in their proper perspective including losses, disappointments and failures.

**KEEP SWIMMING IN PERSPECTIVE** – Swimming should not be larger than life for you. If your child's performances elicit strong emotions, keep these away from him. Remember your relationship will continue with your children long after their swimming days are over. Keep your goals and needs out of the pool.

**BE AN APPROPRIATE LIASION TO THE COACH** - Keep the coach informed as to how your child is responding to the experience (when appropriate). If your child is having trouble with something that happened in the pool or with something the coach said, help the child deal with it and if necessary, speak directly with the coach.

### **Team Apparel**

Donner Swim Club does sell T-shirts, knit shirts, swim bags, bottled water, and other items with the Donner logo. Items are sold at home meets, by the vendor chair or board members on request.

Team suits and swimming gear, may be purchased on special vending nights or by directly contacting the vendor. Kast-a-way Swimwear is our swimwear supplier out of Indianapolis.

The vendors have committed to either giving a percentage back to the club and/or discounting for club members.



### **Activities**

Our swimmers work hard throughout the season. Celebrating successes large and small, individual and as a team member, are important parts of the growth of young swimmers.

Throughout the year, the activity chairs will plan special events to help our swimmers celebrate these successes. These activities generally include family swim nights, pizza and hot dog dinners, mock meets, a pancake breakfast, psych up parties for divisional and state qualifiers, and an end of the year banquet (July).

Look for the notices and requests. Many of these are potluck style. ***All events are intended for just the swimmer and their immediate families.***

## Donner Swim Club

<b>Board Members</b>		<b>Year: 2011-2012</b>
<b>Position</b>	<b>Name</b>	<b>E-mail</b>
<b>Presidents</b>	Melissa Noll	board@donnerswimclub.org
	Carrie Utterback	board@donnerswimclub.org
<b>Vice Presidents</b>		board@donnerswimclub.org
		board@donnerswimclub.org
<b>Financial Secretary Admin. Asst.***</b>	Pam Leehaug	billing@donnerswimclub.org entrychair@donnerswimclub.org
<b>Secretary</b>	Laura Gutman	board@donnerswimclub.org
<b>Concessions</b>		board@donnerswimclub.org
<b>Vendor</b>		board@donnerswimclub.org
<b>Activities</b>		board@donnerswimclub.org
<b>Hospitality</b>	Elizabeth Claus	board@donnerswimclub.org
<b>Head Coach</b>	Jim Sheridan	coaches@donnerswimclub.org

\*\*\*The financial secretary is responsible for billing of swimmers for dues and meets and should be contacted for any billing issues:  
[billing@donnerswimclub.org](mailto:billing@donnerswimclub.org).

Meet obligation questions should be directed to:  
[board@donnerswimming.org](mailto:board@donnerswimming.org).

### **Board Members**

Our board members are elected annually. If there is a position that you are interested in, please let them know. More information is also available in the by-laws on the web-site.

## Donner Swim Club

### Web-Site

The web-site features detailed information about the club. Calendars, meet and volunteer news, swimming links, bylaws, newsletters, etc. can all be found on the site.



***One important feature is the text and e-mail alerts.*** If you subscribe to this feature, alerts regarding practice changes, updates, and important news are sent directly to you. Sign-up is on the front page of the site. You may unsubscribe at any time.

### Email

***The quickest way to get your questions answered ...***

[coaches@donnerswimclub.org](mailto:coaches@donnerswimclub.org):

Any questions about the swim program

[board@donnerswimclub.org](mailto:board@donnerswimclub.org):

Any questions about the management of the swim program—including meet obliga-

[billing@donnerswimclub.org](mailto:billing@donnerswimclub.org):

Any financial and billing questions about your account with the club

[entrychair@donnerswimclub.org](mailto:entrychair@donnerswimclub.org):

Any meet entry related questions

Donner Swim Club, Inc.  
P.O. Box 1436  
Columbus, Indiana 47202

Donner Swim Club Office: (812) 372-2060  
North High School Pool Office: (812) 376-4233  
Website: [www.donnerswimclub.org](http://www.donnerswimclub.org)

